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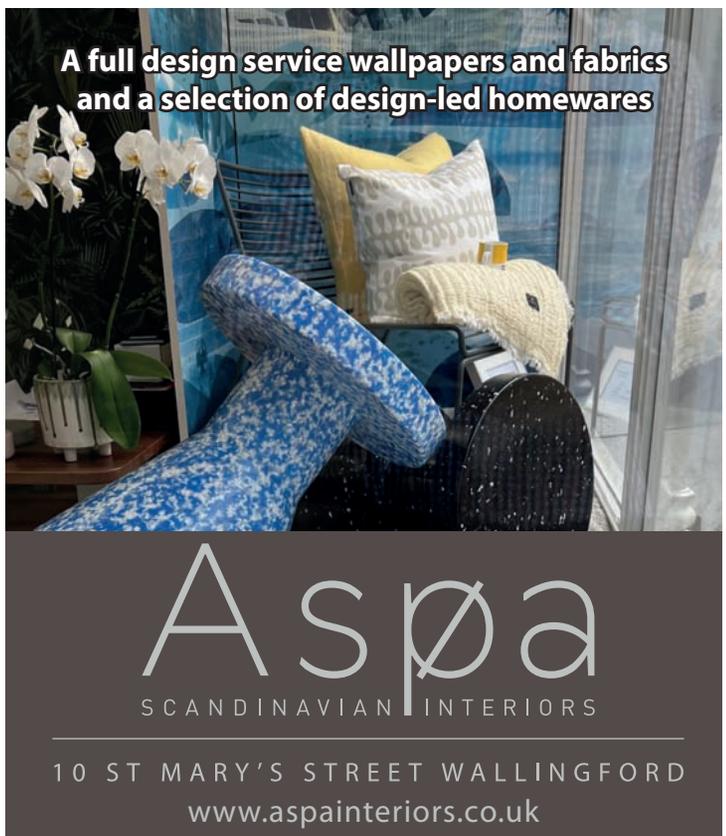
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Supplied in MS word. Please provide any photos or images including logos separately (jpeg files) that you would like in your article.

Deadline date to submit: 8th September

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Adverts will continue to run unless cancelled.

Hello Everyone

September already, so holiday season over for now and nearly back to school.

All is not lost, lots of local clubs and groups start back up again at this time of year. Always exciting things to do in Wallingford, to make new friends, start a new hobby or take up where you left off before Summer.

The 2nd to 4th of September is BunkFest 2022, Music, Dance and Beer Festival. Lots of new and known artists performing around town in lots of different locations. Masses going on, lots of people and lots of fun. Find out more on their website. www.bunkfest.co.uk

I know things are hard at the moment and a lot of people who have some spare time are looking for paid work. We desperately need volunteers. Two of our long-standing Distributors have decided to retire. They have been with us for a long time, and we are very, very grateful for all the help they gave us with getting the WoW Magazine out. It really is only a couple of hours a month, longer if you like to stop and chat, which is fun. Please, if you can spare some time – contact us. Thank you.

Have a great September.

Stay safe, have fun.

Naomi xx

Legal advice drop-in session

*Sunday 2nd October 2-4pm
16 Market Place, Wallingford*

Did you know, 3 in 4 people are likely to experience a will, inheritance or probate dispute?

Come along to our session, where we will offer advice on a range of legal issues that affect older people and their families.

We can offer advice on wills, property, lasting power of attorney, and, how to protect a vulnerable loved one.



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The resumption of other activities is planned
Please check the notice boards outside the church for details
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Welcome to Wallingford WI

Author: Charlie Brampton, President, Wallingford WI



Wallingford WI is a friendly and welcoming group for women of all ages. We meet on the first Wednesday evening of every month at Ridgeway Community Church on Wood Street.

A typical meeting will begin with a guest speaker, followed by an opportunity to socialize over tea and biscuits. We have recently welcomed speakers on a wide range of topics, from local history to fitness.

Outside of our monthly meetings, we offer a walking group, a Knit & Natter group and a book group. There are regular informal coffee mornings and meals out for our members. We also enjoy regular cinema and theatre trips to the Corn Exchange and other local venues. There is always scope for further activities and outings outside of our monthly meetings, depending on our members' interests.

It's an exciting time of year for us, as Wallingford WI will be running the shop at BunkFest during the first weekend in September. So, if you're curious about the WI and would like to learn more, drop by the shop tent and say hello. We can then answer any questions and give you any further information you need.

You can see details of all our upcoming meetings on our website at <https://www.wallingfordwi.co.uk/calendar>. If you'd like to come along to one of our meetings as a visitor to see what we do, we'd love to meet you.

There are over 3,800 WI members in Oxfordshire, and there are over 200,000 members in the UK. Joining Wallingford WI is a great way to make new friends locally, and you'll also be part of a powerful national organization of women.

Find out more about Wallingford WI on our website (www.wallingfordwi.co.uk/) or on our Facebook page (www.facebook.com/WallingfordWI)

Benson Garden Club

In line with **Benson Garden Club's** usual annual programme, our series of speakers **re-starts in October** and we are very excited to announce that it will be given by **Nick Bailey**. This talk will be held on **Thursday 6th October 2022** in Benson parish hall, OX10 6LZ - doors open at 7.15pm for 7.45pm start. Visitors are very welcome to attend for £10 each – just turn up on the door, no need to book.

"Revive Your Garden" will be a practical and inspirational talk catering to those who seek to bring their existing outdoor space back to life or those who have newly acquired a shabby garden (including first-time gardeners). Nick will focus on practical achievable ideas, garden techniques and simple design solutions for gardeners old and new.

Nick Bailey is a freelance horticulturalist, best-selling author, award-winning TV presenter, garden designer and speaker. After studying horticulture at Hadlow College and achieving a 1st class honours degree in Landscape Design from Greenwich University, Nick has worked across many sectors of horticulture over the last 30 years, including nursery stock production, garden management, garden design, teaching, public speaking, writing and broadcasting. Nick is currently a regular presenter on BBC2's Gardeners' World and his book, '365 Days of Colour in your Garden', has been a best seller since publication in 2015.

We will also have our usual **"Flower of the Month" competition** (for members only). Members are invited to bring a single flower in a container from their garden which Nick Bailey will judge and award a small prize to the winner.

Further information about this thriving club, which has been running for over 25 years, and how to join as a member can be found on our website <https://bensongardeningclub.weebly.com> or please feel free to email bensongardeningclub@gmail.com

Liz Harrison

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The Newbury RDA is pleased to announce that they will be holding their annual Autumn Gift Fair this year at their usual venue of Hillfields Farm, Lower Basildon, RG8 9PE.

However, for the first time this year it will be held over 2 days - on the evening of **Tuesday 20th September** and all day **Wednesday 21st September 2022.**

Discover Benson House

Benson House Care Home provides dementia, residential and nursing care on a permanent and short stay basis.



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Often, a person living with dementia will need more care and support as their condition progresses, and there may come a time when moving into a care home is the best option.

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as they are. From their living environments to their care and from everyday activity to their food, we tailor every detail no matter how big or small.

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Reasons to choose us

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Benson House

CARING HOMES

Please do come to St Mary's church during BunkFest on **Saturday 3rd September** when it will be open all day from **10:00 to 16:00**.

We will have tea/coffee and home-made cakes available, a variety of crafts for children and an area of tranquillity – a space of calm where you can get away from the noise and crowds.

All are welcome - something for everyone!



St Mary's, Market Place
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Saturday 10am–4pm
3 September 2022

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Directions:

Overy Mead Piece OX10 7JX
Cross Dorchester Bridge, ample parking on the right-hand side.

Corn Exchange Costume Sale on Bunkfest weekend

Come and see us at the Corn Exchange during the Bunkfest weekend (Saturday 3rd and Sunday 4th of September) for a unique opportunity to grab a part of the history of our theatre.

Jan, our Wardrobe Mistress of 40 years, is retiring shortly, and we wish to continue her example of fundraising. To this end we are having a GRAND SALE of items from the Sinodun Players wardrobe!

Come and browse our rails outside the Corn Exchange front entrance, where you will find an eclectic mix of costumes, festival gear, evening wear, everyday items, fun accessories and more besides.

All proceeds go to the Sinodun Players.

You can also find our online shop on Etsy (www.etsy.com/uk/shop/TheatreWardrobe), and do keep an eye out for announcements of future sales on cornexchange.org.uk
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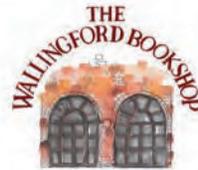
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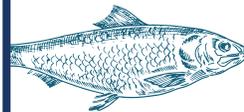
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Learn about hedgehogs, trees and more at Howbery Park for Great Big Green Week

To mark Great Big Green Week, Howbery Business Park is holding a lunchtime talk focusing on hedgehogs and launching its Tree Trail. The talk and trail will be open to the general public, as well as those based on the park, free of charge, as part of Howbery's aim to raise awareness of biodiversity.

The talk will take place on 28 September in the Manor House at Howbery Park, and will cover hedgehogs and other areas of biodiversity at Howbery. It will be given by Biodiversity Manager Simon Blackley and beekeeper Robin Sergi from Nurture Landscapes, which looks after the Howbery grounds.

Howbery Park is working with the Nurture Landscapes team to make its grounds hedgehog friendly this year, as part of a six-year biodiversity scheme. The team has already installed seven hedgehog houses and is surveying food sources in the park to ensure that the spiky creatures have ample to eat all year long. The talk will help people understand more about hedgehogs and other wildlife and how they can help them.

Nurture's Biodiversity Manager Simon Blackley explained: "Hedgehogs need support as their numbers have been dwindling over the years. Their numbers dropped by about 70 per cent from the 1970s to the 1990s, and a further half of the population of native hedgehogs were lost from the British countryside over the last two decades."

The park will also be launching its new Tree Trail during Great Big Green Week. From 26 September, visitors and people based on the park will be able to pick up a free map from the Manor Café (also open to the public) – between 9am and 4pm on weekdays. The trail will take in eleven of Howbery's notable trees, which are marked by plaques in the grounds.

Howbery's beautiful grounds are open to the public from 8am to 6pm on working weekdays and are only a short walk from the centre of Wallingford. There is a bus stop outside the site and ample parking.

Further details about the talk can be found on the Howbery website. Spaces for the talk will be limited. Please email Donna at d.bowles@hrwallingford.com if you would like to reserve a space.



**Jumble
SALE**

**Jumble sale on Saturday September 10th
Wallingford Methodist Church Centre
in St Leonard's Square**

**Jumble
SALE**

Come and grab a bargain or two at the jumble sale on **Saturday September 10th**.
Doors open at 2pm at Wallingford Methodist Church Centre in St Leonard's Square
for piles of adult and children's clothes.

Also on offer for very reasonable prices will be a wide range of household items, bric a brac and toys.

Any donations would be welcomed between **10 am and noon on the 10th**.

Proceeds from the sale will benefit the running of the church and the charities it supports.

Lunches and afternoon teas are now being served each month at Wallingford Methodist Church. Lunches, which are served at 12.30 pm, take place on the **first Tuesday of each month** and cost £3.50 for a freshly cooked main course and £2 for a delicious dessert. Afternoon teas, which include sandwiches, cakes and numerous cups of tea, cost £3 and take place **between 3 and 4.30 pm on the third Tuesday**.

All are welcome for lunch on the 6th September and tea on the 20th, no need to book.
Bring a friend or partner or come alone and make some new friends.

For further info, including provision for allergy sufferers, call 01491 839960 or 836649.

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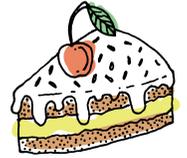
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Cholsey Repair Café

In case you've not noticed, **Cholsey Repair Café operates on the third Saturday of odd-numbered months at the Cholsey Pavilion.**



We open at 11.00, finishing at 13.45, and early customers are able to enjoy light refreshments courtesy of the Cholsey Community Café, in the foyer next door.



Our service extends to surrounding villages, although we would be more than happy to see similar schemes coming into existence and will be happy to share our experiences with anyone wanting to set up their own repair café.

Sharpening of knives and tools has long been popular but we tackle a wide range of electrical and mechanical problems, broken toys, vacuum cleaners, food mixers and household paraphernalia. Particular recent successes have included an exercise treadmill and a microwave oven that required special internal fuses.

We aim to reduce waste, believing that a lot of things aren't as broken as they look. Maybe we'll see you next time, on **Saturday 17th September**: details can also be found at www.cholseyrepaircafe.com

Ian Wheeler, Co-ordinator



Mum to Mum Fitness classes are so much more than just an exercise class. They are an opportunity to meet like-minded women, form friendships and just have some fun. They are also unique because you can bring your children along with you, so there is no need to arrange childcare. They can enjoy the toys in the baby/child zone, whilst you can enjoy a safe and fun workout! I also run ladies only evening classes that are open to all ladies, not just mums.

Here are some of the lovely reviews I have received recently:

"Super fun and value for money class that has been a highlight of my maternity leave. Classes are a perfect balance between soft safe play for baby and proper exercise for Mum and enjoyable for both. Jen is a highly professional instructor who explains the circuits and modifications really clearly. She creates a fun and relaxed atmosphere for Mum's at all stages of the post-partum journey and beyond. My fitness has improved lots during these months and I know these classes have contributed greatly to this. Definitely recommend!"

"I attended the ladies only class on a Tuesday evening and Jen was incredible! From the communication in advance of the sessions to the sessions themselves, it made me feel comfortable to work out with a group of ladies and take it at my own pace. Jen provided some great alternatives for those who needed them, and I felt like I had gotten a bit of "me" time back! Can't recommend highly enough!"

**Interested in joining? Why not contact me to book your FREE trial!
Jen, Owner and Instructor www.mumtomumfitness.com**

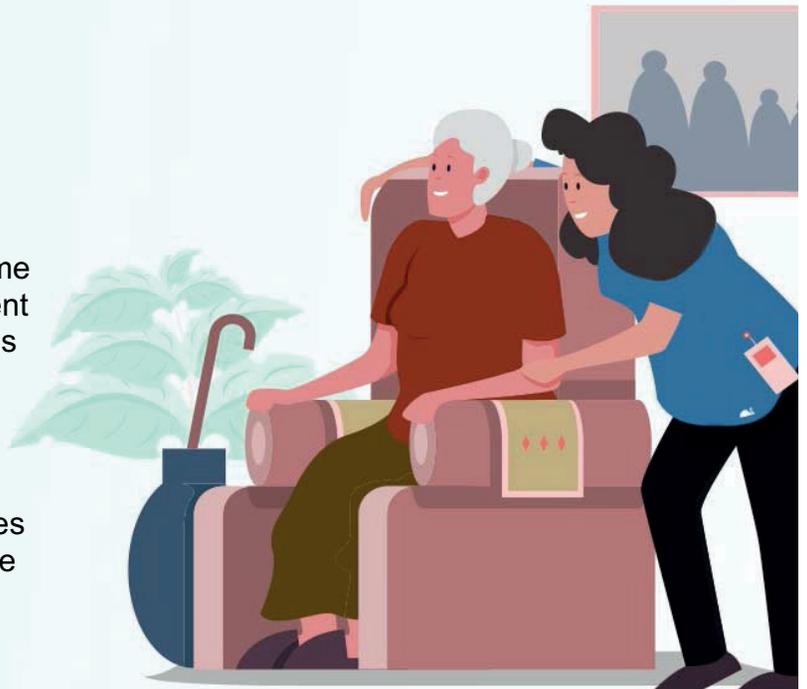


Do you, or a loved one, require support at home?

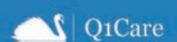
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Visit us: www.q1care.co.uk





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WALLINGFORD TUNELESS CHOIR

Singing in person
every Thursday evening

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Registration starts from 7.45pm. Singing starts at 8pm.



Price: **£10** the first time you attend for all new members

(Includes registration, song book and singing session)

£7 pay as you go

or **£5** per session when booking an 8 week block

Contact us:

Tracy Noble on 07843 144737

wallingford@tunelesschoir.com

www.tunelesschoir.com/wallingford

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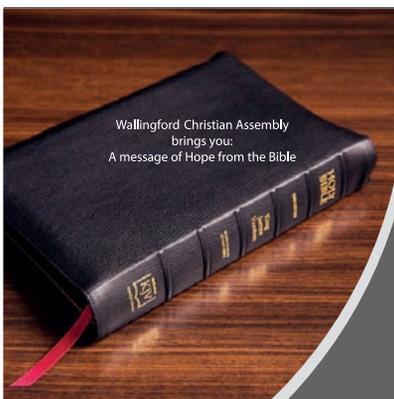
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Every Sunday @ 17:00
20 min message



We invite you to hear a short message from the Bible, available from the comfort of your own home.

To watch live:
Zoom ID: 491 229 776
Passcode: 316

Not able to join on a Sunday - catch up on demand:

@Wallingford Christian Assembly



@GodsGoodNews (God's Good News for South Oxfordshire)

Wallingford Christian Assembly
www.wallingfordchristianassembly.org.uk

We need more volunteer drivers - could you help?



Have you sometimes thought 'I could do that' but then don't get round to it? Could now be the time to make that first contact?

As a volunteer driver you will be asked to drive people to medical appointments in the town and also to the larger hospitals in Oxford, Reading. Occasionally we go further afield to other medical facilities in the county. We ask that you wait with the patient for the duration of their appointment and take them home. We don't ask volunteers for a regular commitment and there will be no pressure to take on a particular drive. You will receive a mileage allowance for each journey.

If this appeals to you and you'd like to know more about our organisation and the work we do, please email to arrange a meeting wallingford.volunteer.drivers@gmail.com There is no obligation to take it further if you decide it's not for you.

Do you need help?

If you have no access to personal or public transport we may be able to help. If you or someone you know needs to visit your local GP, dentist, podiatrist, optician or a medical facility out of Wallingford, do get in touch. **We are based in the Methodist Church and open Monday to Thursday 9.30am - 11.30 am Tel. 01491 836345**

We look forward to hearing from you

Sylvia Wear, Manager

Supported by Oxfordshire County Council

Wallingford Family Centre - a Volunteer's Experience

I am one of 4 volunteers who help out at the Wallingford Family Centre in Wigod Way. The Centre is a community led service that helps to bring together children, families, professionals and communities with the aim of supporting young children achieve their potential. It is run by Kelsey and Lizzie who are both amazingly dedicated.

On my first visit I found myself immediately involved in the Thursday Toddler Group, chatting to mothers and other carers, and helping to provide a stimulating background for under 5's to play and learn. Along with this goes making tea and helping with the setting up and clearing up that will always be part of running any group with around 25 young visitors.

Kelsey and Lizzie immediately made me feel welcome and have been as encouraging to me and my fellow volunteers as they are towards all the adults and children who visit the centre.

Anyone who has had a new baby will remember the bemusement that comes when you first have a small being to look after 24 hours a day. The Wednesday Baby Sessions at the Centre are designed to provide whatever help is needed at this stage. Chatting to other new parents may be all you need but the Centre can also signpost other support if it is required.

The building also has a room used for maternity services and a midwife can often be seen running a surgery there.

There are now 5 weekly sessions run by Kelsey and Lizzie during term time. The Centre is also used for one-off events and specialist support groups. Originally the centre was funded by Oxfordshire County Council but is now run as a charity so grants and sponsorships have become critical.

I moved to Wallingford recently and am delighted that I have found the Family Centre. Volunteering there is enabling me to become part of the wider Wallingford community. I really enjoy my contact with the centre's young visitors and admire the wholehearted involvement of everyone who understands the importance of this remarkable facility in the town.

Wendy Bedeman

If you are interested in becoming a volunteer or helping in any other way do contact Kelsey at coordinator@wallingfordfamilycentre.com Website: www.wallingfordfamilycentre.com



Wildlife Memories by Barry Collett

Closer to Home: A Question of Survival

A few years ago, on a cold winter's morning, I answered my doorbell to be confronted by a young gentleman clutching a chainsaw.

'Would you like me to cut your tree down, mate?' he began.

'Which one?' I enquired.

'The dead one,' he said, pointing at my maidenhair tree (Ginkgo biloba).

'It's not dead,' I replied.

'Well, all its leaves have fallen off,' he countered.

'That,' I said, warming to the conversation, 'is because it's deciduous.'

'It's got a disease,' the man said, pointing to the encrustation on the lower branches.

'That is a lichen,' I said. 'An intimate symbiotic relationship between a fungus and an alga growing as an epiphyte on the tree and causing little, if any, harm.'

Undeterred, the young man pressed on. 'What about your silver birch?' he asked.

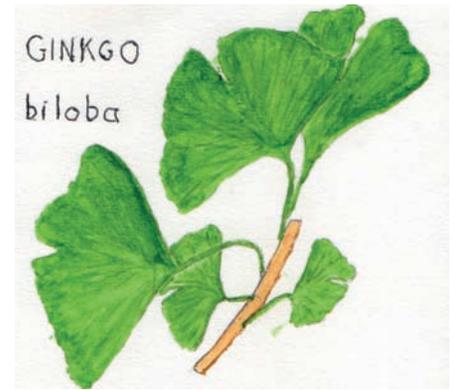
'What about it?' I replied.

'Do you want me to cut it down?'

'No. I grew it from seed. I do not want it cut down.'

Changing tack, the man said, 'You've got a lot of long grass there,' indicating a wild area of my garden.

'That is a wild-flower meadow,' I said. At this, the man finally gave up and moved off to annoy somebody else. As I am a retired botanist he had picked on the wrong person.



And so my ginkgo tree avoided the unwelcome attentions of a chainsaw. Ginkgo trees have a good record of surviving. They appear in fossil records from 250 million years ago, before the age of the dinosaurs. Another example of survival involves six ginkgo trees planted around a square in Hiroshima, about one mile from the centre of the atomic explosion in 1945. Not surprisingly, all that remained after the blast were six blackened stumps. But the following spring they all sprouted new leaves and are still thriving.

Last summer, the patch of long grass in my garden provided sightings of 16 different species of butterfly, including brown argus and marbled white, species usually associated more with open downland than a suburban garden. This year I have already added two more species: a speckled wood and a female orange tip, the latter laying eggs on the garlic mustard that I had allowed to grow.

Birds that nest in my garden include blackbirds, starlings, house sparrows, dunnocks and, unfortunately, wood pigeons. I have many frogs in my pond and regularly give away frogspawn to my neighbours.

Some time ago I wrote to SODC pointing out that the house deeds for properties on my estate contain a stipulation that each front garden should contain at least one forest-type tree and that SODC is required to remind property owners of their obligation in this regard. The idea is that this may help to combat global warming and, by doing so, possibly prolong the survival of the human race.

It is now more than six months since I wrote to SODC, and I am still awaiting a reply...

OX10 Community CENTRE

Upcoming Events



- **Tuesday 6th September 2022 @ 6.30pm** - Project Update and Business Plan Presentation (Location TBC)
- **Saturday 24th September 2022 10am-4pm** - OX10 Community Centre Pop-Up Social Event in Collaboration with The Greet Big Green Week. We are planning a fun, free, interesting, stimulating, interactive, informative, experiential family day out (Wallingford Market Place).

The OX10 Outreach Team will be around giving out flyers about these events all over the Bunkfest weekend **Saturday 3rd & Sunday 4th September 2022**, so please keep an eye out for us.

FAMILY PAGE



Ewelme Primary School (CofE)

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"The beautiful buildings and small classes make it like a private school - without the fees!"

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We are an Outstanding Provider of Education

Rated "Outstanding" by SIAMS. The Ofsted Inspector said *"The rich and vibrant curriculum makes learning meaningful, interesting and memorable."*



We have Uplifting Historic Architecture

Gorgeous 15th century medieval buildings that raise everyone's spirit.



We have Engaging Modern Learning

21st century technology and teaching that get the very best from every child.

We are situated in an Inspiring Rural Location

The fresh countryside air, rolling green fields and large sports area refresh and energise the children.

We have Passionate Compassionate Teachers

We understand and develop every child as a precious individual to discover and achieve their unique potential. Whether sporty or academic. Shy or socially gifted. Loving art or dancing or drama. Or all of the above!

We have Friendly Engaged Parents - Our vibrant school community warmly welcomes new families

Limited places available now!

Please contact us now to arrange a visit. Call **01491 839240** or email **office.3752@ewelme.oxon.sch.uk**

Toddlers @ Wallingford Baptist Church

Looking for somewhere to entertain your pre-schoolers where you can also meet other local families and enjoy a drink and a chat?

Wallingford Baptist Church on Thames Street run a Toddler Group every Tuesday morning during term time from 10-11.30am for all babies and pre-schoolers and their parents or carers.

Come and enjoy all the toys, ride-ons, slide, mini-trampoline and, thanks to a kind donation, some very popular new soft play equipment. There's a different craft every week as well as refreshments for adults and children and a story and singing time.



For more information email Suzie on: suziewillers@wallingfordbaptist.co.uk

We look forward to welcoming you and your little one(s)!



WHAT'S ON

AT THE CORN EXCHANGE, WALLINGFORD



CINEMA

**All regular performances normally start at 7:30pm unless stated otherwise.
Tickets £8 for Adults and £5 for under 15s unless otherwise stated.**

All events now have full seating. This is in line with the practices and guidelines elsewhere. We are still asking patrons to sanitise their hands, and also wear a face covering when inside the building. We'll continue to fog all public areas after each performance. We have recently installed new air filters as a safety precaution. We're grateful for patrons for their observation of all the Covid rules that we have implemented in the theatre.

Please look out for new updates for the programme on the website www.cornexchange.org.uk.

The theatre will be closed for Annual Maintenance from Saturday 20th August to Sunday 28th August (inclusive).

Thursday, 1st September, 7:30pm
Sunday, 4th September, 7:30pm
Monday, 5th September, 7:30pm
Tuesday, 6th September, 7:30pm
Wednesday, 7th September, 7:30pm
Friday, 9th September, 7:30pm
Sunday, 11th September, 7:30pm
Monday, 12th September, 7:30pm
Thursday, 15th September, 7:30pm
Friday, 16th September, 7:30pm
Saturday, 17th September, 7:30pm

The DC League of Super Pets (PG)
It Snows in Benidorm (15)
It Snows in Benidorm (15)
Tomorrow Morning
It Snows in Benidorm (15)
Fisherman's Friends: One and All (12A)
Fisherman's Friends: One and All (12A)

WALLINGFORD TUNELESS CHOIR ONE YEAR ON

It is now a year since the Wallingford Tuneless Choir re-grouped and started singing back together in person each week under the leadership of Tracy Noble. What a year it has been!

The choir membership continues to grow and welcomes singers of all ages and abilities. Even if your friends and family plead with you to stop, but you love to sing, then we are the choir for you! Our song book boasts a massive 150 songs from Doris Day, Adele to Status Quo and everything in between. There really is something for everyone.

In the past twelve months, we have been privileged to be asked to perform locally at events such as Wallingford Sports Hall Christmas Craft Fayre, Crowmarsh School Fete and Style Acre Summer Fete.

It was a very proud moment for us all when we took to the stage at Castle Gardens to lead the Queen's Jubilee picnic sing-a-long where we gave out song sheets to adults and kazoos to the children so that they could join in with us. It was so wonderful to see people up singing and dancing together at this event. We ended the performance with a rousing rendition of the National Anthem.

The Tuneless Choir are also very excited to be performing at Bunkfest this year where they will be leading a community sing from the Portcullis stage on the Kincroft on Sunday 4th September at 12.30pm.

The Choir continues to recognise the Wallingford Food Bank as its chosen charity and were thrilled to raise £105 for them with a raffle at the beginning of the year.

Why not come and join us for a free taster session, so that you can sing out, sing loud and sing proud. Our motto is "keep singing like no-one is listening."

The Wallingford Tuneless Choir meet each Thursday at St Mary Le More Church, Market Place, Wallingford, OX10 0EG. Registration starts at 7.45pm and we sing from 8pm until 9.15pm. If you are interested in hearing more about the choir or perhaps joining us for a free taster session, please contact Tracy Noble on 07843 144737 or wallingford@tunelesschoir.com



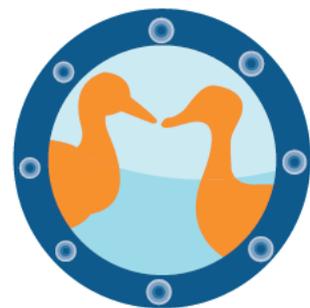
The Rivertime Boat Trust provide a memorable and relaxing time on the river for disability charities and community groups, care home residents, young people from SEN settings and for family/friend get togethers where someone in the group has a disability.

Purpose built cruiser RIVERTIME, is managed by a full-time professional skipper and supported by a passionate team of volunteer skippers and crew who receive the necessary training and have the appropriate qualifications.

Features include full wheelchair access, a large open plan saloon with sliding roof and a galley for the crew to prepare refreshments. You are more than welcome to bring a picnic to enjoy on board.

Group bookings for up to 12 people inc carers or seats on a shared cruise can be made by contacting our skipper, Lucy on **07599 295 544** or **skipper@rivertimeboattrust.org.uk**

Cruises last 2 hours and go from the River and Rowing Museum jetty, in Henley up to Shiplake, along the regatta course to Hambleton and back to the River and Rowing Museum.



**RIVERTIME
BOAT TRUST**



For more information visit our website
www.rivertimeboattrust.org.uk



**St Mary's & St Leonard's
Wallingford**
open to God, open to all

**Ride & Stride for Churches
Sat 10th September**

St Mary's & St Leonard's, Wallingford



Do you enjoy cycling...walking...horse-riding? Oxfordshire Historic Churches Trust (a volunteer-led organisation that makes grants to help local communities repair, maintain and improve Oxfordshire's historic churches) invites you to join in the annual Ride+Stride Event on 10 September.

You do not need to belong to a church to take part.....just someone who is willing to raise money that will go towards the preservation of historic churches – or make them more suitable for 21st century use.

Half the monies raised are used by the Trust to make grants and half remains in each participating local community to be used to maintain these beautiful historic buildings that are so much part of our landscape and heritage.

If walking, cycling or horse-riding is not for you, then please do consider volunteering to welcome those arriving at the churches. Even Welcomers can be sponsored!

Refreshments and children's activities will be available in St Mary's all day.

There are 8 churches in Wallingford, another one in Crowmarsh Gifford and also one in Newnham Murren. Why not do the Two Bridges walk as a family and 'bag' 10 churches very easily?!

**Like to find out more? Take a look at the website – www.ohct.org.uk or contact Wendy Muggeridge
on pcsecwallingford@gmail.com or 07539 858878.**



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We are part of the Thames Valley Network (TVN) of u3as comprising 49 member u3as which cover an area from Swindon to Slough and Aylesbury to Wokingham. It's the leading and most active network in the country and our membership entitles our individual members to participate in their events as well as our own.



Their next event is a visit to Kelmscott Manor near Lechlade, followed by talks on:- **The Wonderful World of Law, Botanical art and The Battle of Agincourt**. Later in the year Judy Dewey will return to talk about **"Wallingford and the Civil War"**.

Our own local activities included the annual Summer Lunch Party at Crowmarsh and a visit to Gilbert White's House at Selbourne. Many of us are looking forward to the holiday in Ireland this month, and in October there is a trip to Coventry to see the Cathedral and Transport Museum.

This month the talk is about **"Dress, Dazzle and Display"** followed in October by **"A is for Arsenic—the Poisons of Agatha Christie"**

Prospective new members are welcome at our informal coffee mornings held at Centre 70 on the first Friday of the month from 10.30 am to noon. Our monthly speaker meetings are held in St. Mary's Church on the third Wednesday at 2pm. More information is on our website www.wallingfordu3a.org where you can find an enquiry form.

Neil Kelly, Thameside (Wallingford) u3a

Henley and District Stamp Club

How quickly the summer is disappearing and time to think about our autumn /winter hobbies. If you are interested in anything postal e.g. Stamps, Postcards or the history of the Post and all its various aspects why not visit us at Bix one Wednesday evening. You will see the enjoyment and interesting hobby you can have collecting with like-minded people.

Wednesday 14th September the 1st meeting of the new season – Latest Acquisitions when members bring up to 8 pages of their newest items.

Wednesday 28th September – A display about the Belgian Congo by guest Gerald Mariner

Meetings are held the 2nd and 4th Wednesday of the month at **Bix Village Hall at 7.30 p.m.** Visitors and new members are welcome. Further details can be obtained by phoning **01491 681739** or on our website: - www.henleyphilatelic.org.uk

Would you like some help in managing your finances?

The CAP Money Course is a free three week course designed to help you manage your money better and learn how to budget, save and spend well. This course, which will help anyone get more in control of the finances, was devised by the award winning debt counselling charity 'Christians Against Poverty'. This course is being run in Wallingford on three **Monday evenings in October - 3rd, 17th and 31st**. We will also be running it again on three Monday mornings later in the year. If you would like to know more information and/or book yourself a place please email Tricia - CAPmoneycourse@wallingfordbaptist.co.uk



Please note that this is NOT a course for people who are struggling with debt. If you are in that position then CAP is able to help you with free debt advice and support. **To book an appointment just ring 0800 328 0006 or visit capdebthelp.org**

Wallingford Allotments and Gardens Society (WAGS)

Saturday 10th Sept it's The Autumn Show!

We are seeking more exhibitors from our local area for the following competitive categories; Baking, Photography, Home-Grown Vegetables, Fruits, Plants as well as Arts and Crafts and Floristry.

The event is open to non-members and members, all ages and abilities are encouraged to have a go! Our external judges will be awarding prizes and trophies.

The Show Schedule and Entry Form is available here: www.wags-wallingford.com/autumn-show with links from our Facebook page www.facebook.com/WallingfordAGS

All Show enquiries to our Show Secretary, Sandra Halstead s.halstead2@btinternet.com tel 01491 836527

If not taking part as an exhibitor, please come along to **Centre 70, 2pm-4pm 10th Sept 2022**, entry is free of charge with all proceeds from refreshments and the raffle going towards the running of the event.

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Wallingford Museum News

A busy and exciting September is arriving for Wallingford Museum. Check out our web site www.wallingfordmuseum.org.uk



September 2 - 4 Wallingford Museum is offering FREE BunkFest historical walks, including castle and town walks. September 9 - 11 the Agatha Christie weekend returns with some great events.

Saturday September 24 Wallingford Museum is taking bookings for Fabulous Fossils, which is being offered at the Museum by the Oxford Geology Trust Family Fun Activity: Handle fossils from Oxfordshire and around the world with the Oxfordshire Geology Trust

Saturday 24th September 11 - 1pm or 2 - 4pm

- Make your own Dino-Mask and colour dinosaur pictures
- Handle dinosaur teeth, claws and bones
- £2 'Lucky dip' for a 60 to 300 million year old fossil!
- Bring along your own fossils for our experts to identify
- See and handle fossils from Oxfordshire Geology Trust Get your FREE event tickets soon for the budding palaeontologists in your family.
- Booking Essential

The Wallingford Historical and Archaeological Society

14 September (Weds)

Giles Pritchard: 'Conservation work on the Remains of the College of St Nicholas, Wallingford Castle'

<https://www.twhas.org.uk/meetings-programme.html>

Sue Wright, Wallingford Museum

Wallingford & District Art Club

Wallingford & District Art Club invite you to an evening of painting as we host a live online demo 'Contemporary Landscape in oils' by Hester Barry. Hester Barry is a professional artist and tutor living in Devon whose practice, though rooted in traditional representation and methods, has evolved into a style using mark making as economically as possible to capture the light, movement and climate and how he feels about the scene. The results are beautifully expressive paintings and he will be demonstrating his process to us live via Zoom.

If you would like to join us for what promises to be an inspiring evening please email admin@wallingfordartclub.org.uk We also hold tutored classes on Tuesday mornings and afternoons at Centre 70 which are suitable for all levels so please contact us if you are interested in joining the classes, would like to come as a visitor or any require further information about the club. The club website is also being rebuilt and should be ready in September at www.wallingfordartclub.org.uk

Wallingford Photographic Club

September sees Wallingford Photographic Club return for a new season- come along and join our informal and inclusive group of enthusiasts and amateurs as we start our new weekly programme of talks, presentations, competitions and practical sessions. We discuss a wide range of topics- not just technical- including getting feedback on your photos if you're keen to show them. We meet on **Thursdays at 7.30pm at Crowmarsh Pavilion**, and we'll have a handful of sessions online (later in the season) where we make the most of speakers from far away.

Our first session is on **8th September**, where **Damon Guy** will describe the 'photographic rules and how to break them'. Then on **15th September** we have a wide-ranging retrospective from **Steven Galvin**, who has joined us several times, to great reviews. On **22nd Robert Harvey takes us on a tour of the British Coast** via his spectacular images. Our first members' evening (on 29th) will allow us to get hands on with our kit, or new techniques. Join us for any or all of these; see wallingfordphoto.club for more information.

Wallingford Chamber Music's Grand Finale

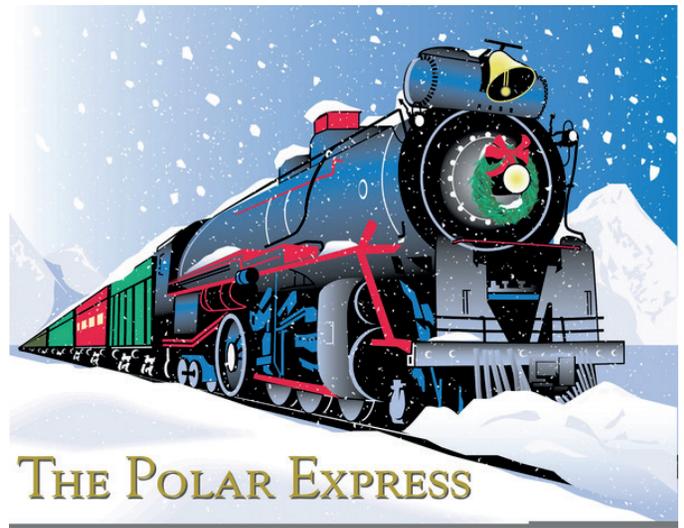
It's hard to believe, but our summer season is drawing to a close! But there's still time to catch some great music even if you've missed us so far. **On 3 September**, we have a welcome return of guitarist **Andrey Lebedev**, this time in partnership with **Iosif Purits** on the accordion. They give their own arrangements of Bach, Albeniz, Piazzola, Rodrigo and plenty more. Because our **Bunkfest friends will be enlivening Wallingford town centre that night**, we've decided to relocate to **St Mary's Church at Cholsey** - we can offer lifts to those who need one, please contact Jules as below. Then back at **St Mary's on 17 September** we have another appearance of the **Piatti String Quartet**, with some familiar fare in Borodin's Second Quartet - the one with tunes immortalised in the musical *Kismet* - then Elgar's inspired Quartet, and finally one by Joseph Phibbs - well worth a try!

Finally on **1 October Jeremy Boughton's Thames Consort** give us a fine programme of Baroque music for choir and chamber orchestra with music by Bach, Vivaldi, Bruhns and Buxtehude. Buy your tickets online from our website www.wcm.org.uk or for any queries email tickets@wcm.org.uk or phone Jules on **07551 482678**. We have a lovely brochure which you can pick up from the Town Information Centre or libraries. Tickets are £18.

All concerts start at 8pm. There are extra benefits this year if you become a Friend, notably seat reservations - for this give me a call, Roger Morgan on **01491 837494** or friends@wcm.org.uk.

Polar Express

Polar Express is coming back to Wallingford this winter. After the mixture of joy at seeing all of the smiles on the faces of our passengers and disappointment at having to cut the event short because of Covid, excitement is building at Cholsey & Wallingford Railway as preparations begin for Polar Express 2022. Along with our partners, PNP, we are planning another vibrant and colourful festive season at the Railway.



One of the notable things about last year's Polar Express was the distance that some people were willing to travel to join in the fun. We had passengers from Cornwall, North Wales and Scotland travelling to Wallingford for a ride on the train. This highlighted to us at CWR and the team at PNP that there is the opportunity to generate some very good opportunities for local people and businesses. This year we have got two local catering firms and a local brewery involved and in the coming years we would like to offer more and more opportunities to local businesses.

We are just in the process of planning our staffing for this year's event. Last year we had a number of local people who were employed by PNP to perform various roles associated with running the event and there will be similar opportunities available this year. If you know anyone who might be interested in some seasonal work, please put them in touch with us via events@bunkline.uk. There are also casting sessions taking place for those who might wish to take on one of the 'on train' acting roles and the railway is always on the lookout for new volunteers to help with both Polar Express and our year-round activities.

Keep an eye on social media for some of the exciting things that will be happening over the next few months as we gear up for Polar Express, it is an event that will potentially bring 30,000 people into Wallingford between the 24th of November and the 23rd of December and, judging by last year, will bring a lot of happiness and festive cheer to the town.

Michael Palfrey

UNITED CHARITIES BAZAAR

I am delighted to confirm that Father Christmas will be back again for the Christmas season in Wallingford at the **Charities Bazaar on the 26th November 2022**. It will be open from **10am to 1pm**. We will be in **St Mary's Church** in the town centre, which is easily accessible by everyone.

We are very pleased and grateful that the lovely people at St Mary's are letting us use the Church again. There will be lots of Charitable organisations from around town setting up their stalls and selling all sorts of Christmas goodies.

The Mayor, or their deputy, hopefully will be able to attend to open the bazaar at 10am, and then you can start shopping at all the different stalls. The stall holders attend the Bazaar at no cost to the charities involved, thanks to the generosity of St Mary's Church and the volunteers.

If any organisation in the Wallingford area would like to be involved but hasn't yet been in touch, please email me at bernardthorington@gmail.com and the forms will be sent out to you.

Looking forward to seeing you on the 26th November 2022!



Wallingford Wine of the Month – Château La Brande, Castillon Côtes de Bordeaux 2016

With the summer holidays coming to an end and Autumn just around the corner, one looks to heart-warming dishes – tied together with seasonal fare – to keep the chilly nights at bay. It makes sense then, to alter our drinking habits too as the desire for a cool, crisp glass of Provencal Rosé or light, fruity red to accompany the Barbecue is replaced (for me, anyway) by wines with a little more body, texture and complexity. One such region that always delivers on this front is Bordeaux in all its guises but in particular, wines from its so called 'Right Bank', where Merlot reigns queen and Cabernet plays second-fiddle.

The region itself is often carved along its rivers with the left bank on the Atlantic Ocean side of the Gironde and Garonne rivers, and the right bank to the east and north of the Dordogne river, which joins the Gironde. The left bank is famed for its structured, long-lived Cabernet-dominant wines from warm, gravelly soils that reward patience whilst the right bank, with slightly cooler, clay based soils delights with softer, Merlot-led blends that come around a little earlier. Beyond the famed right-bank communes of Saint-Émilion and Pomerol there are then a host of smaller satellite villages that offer excellent value when in the hands of a quality-minded producer.

At Grape Minds we are always on the hunt for wines that over deliver on price and this is one such example that we are immensely proud to import. The Todeschini Family are proprietors of this small, 15 hectare property, alongside their flagship Saint-Émilion estate, Château Mangot, crafting authentic, terroir-driven Bordeaux from all three of the region's most popular grape varieties. Château La Brande itself is situated in the satellite Castillon Côtes de Bordeaux appellation that boasts similar clay-limestone soils to neighbouring Saint-Émilion just a stone's throw away. In the winery, as in the vineyard, the Todeschinis employ the same techniques for this as for their wines that command three, or even four times the price!

2016 is widely considered as one of the truly great vintages of the 21st Century, producing wines characterised by elegance, glorious ripe red fruit and silky tannins. The majority Merlot lends the wine a soft, black cherry and plummy fruit profile with gentle tannins and rounded mouthfeel. The two Cabernets (Franc and Sauvignon) build complexity with a delicate floral lift, blackcurrant fruit flavours and a spice-tinged finish. A complex aging process, one third each in concrete tank, large and small barrels (locally known as 'barriques') contribute subtle vanilla and woodsmoke flavours to the long, flavoursome finish that will keep you coming back for more. Best enjoyed with braised meats, your traditional Sunday roast or a few good friends and a selection of hard cheeses!

Michael Jelley is the Director of Grape Minds Wallingford



Wine Name: Château La Brande

Producer: Famille Todeschini

Grapes: 70% Merlot, 20% Cabernet Franc, 10% Cabernet Sauvignon and a dash of Petit Verdot.

Region: Castillon Côtes de Bordeaux, France

Exclusive Price: £14.99/bottle until the next issue

Mention WOW in store!





BunkFest is Back!

Wallingford's free festival of music, dance, beer and steam returns on 2nd September to 4th September after a 2 year Covid induced hiatus.

It has been a long time since BunkFest 2019 however hopefully the festival planned will make the wait all the more worthwhile. We have a great line up from **Geno Washington** on Friday to the **Blues Band** on Saturday and **21st Century Abba** on Sunday afternoon plus loads more on the main stage and in 12 fringe venues around the town.



Although most of the event is free to entry we do ask for bucket donations during the festival to help with the costs and to keep the festival going. Please give generously – this year you can also donate by scanning the QR code on the front of buckets.

As you are no doubt aware the festival relies on and is entirely run by volunteers. Being a volunteer is both enjoyable and rewarding and having sufficient volunteers is critical to being able to stage the event.

With two years having passed since the last festival and with many new people moving to the town, we need to reconnect with those who have volunteered in the past and recruit new people to help in areas such as stewarding, bar staff, bucket collecting and other areas essential to running an enjoyable and safe festival.

If you can spare some time, however little, please sign up and by doing so you will make a significant contribution to keeping this wonderful community event alive this year and for many years to come.

This year we have invested in a new platform to create a volunteer database. If you have not already done so and are willing to volunteer for this year's festival please click on the link below and register.

Many thanks in advance, your help is crucial to the success and future of the festival.

We look forward to seeing you all in September. **The Directors of BunkFest.**



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SUNDAY 12PM - 8PM

THE GEORGE BUNKFEST FRINGE

2 - 4 SEPTEMBER, 2022

THE LINE UP

MY MATE DAVE, FRI 6.00 - 7.00PM
MUDSLIDE MORRIS, FRI 7.30 - 8.30PM
**HEATHER JAYNE AND THE RED SHOES -
 FRI - 9.00 - 10.45PM**

THE NIGHT HERONS, SAT 12.30 - 1.15PM
THOM LUCAS, SAT 1.30 - 2.15PM
AMAZING TIGER BAND SAT 2.45 - 3.30PM
THE SLOW SESSION (SJH) SAT 2.00 - 5.00PM
NINETEENTH HOUR SAT 4.00 - 4.45PM
THE MYSTERIES SAT, 5.15 - 6.00PM
SHORT DRAG ROGER SAT, 6.30 - 7.15PM
**KEITH FAIRBAIRN'S LATIN GROOVE, SAT 8.00
 - 10.00PM**
DJ CULTURE MARK, SAT 10.00 - LATE

SHIRAZ, SUN 12.00 - 12.45
MA BESSIE, SUN 1.15 - 2.00PM
CHILTERN GROOVE, SUN 2.30 - 3.15PM
**PICKIN LUNCHTIME, OLD TIME JAM SESSION (SJH),
 SUN 2.00 - 5.00PM**
MOONRAKERS, SUN 3.45 - 4.30PM
THE SOUL SISTER SEVEN, SUN 5.00 - 6.00PM
**THE SWAMP STOMP STRING BAND, SUN 6.30 -
 8.00PM**



"A family enterprise in the centre of Wallingford serving good wholesome food for a range of diets and specializing in vegan and vegetarian dishes which can be enjoyed by all."

Enter Ribizli, (Hungarian for currant fruit), eye up some of the offerings, meet owner Viki or one of her colleagues and be shown to a table. My friend and I were greeted with a warm welcome. A most characterful building housing a delightful tearoom and shop, one of the oldest in the town, dating back to Tudor times, spacious and bright with scrumptious smells wafting from the kitchen.

Downstairs, a range of household items available to purchase which would make ideal birthday or dinner party gifts; candles, tea towels, cosmetic purses, artwork to name a few. Sit for a natter with a friend or take your laptop and enjoy the relaxed ambiance of the teashop as you catch up with emails, or whatever you have to do. The wifi code is displayed clearly on the wall.

There is room to park your stroller if you have a baby with you and highchairs are available too. Upstairs is a themed room, with tables and chairs and lots of house plants. If you have your pooch with you too, there is even a room especially for you and your dog, again, bright and spacious with a high ceiling and elements of the history of this rather special building, including the slightly slopey floor!



My choice this morning was the homemade granola atop a generous serving of coconut yoghurt and fresh berries, banana and strawberries.

I could not resist 'seconds', so we shared the avocado tartine which was light, fruity and a colourful dish served with green leaves, ruby sauerkraut, seeds, chilli flakes, pineapple and a hint of coriander, oh and a slice of toasted sourdough! So unusual and scrumptious and healthy! All washed down with a steaming cup of fresh coffee for me and a cappuccino for my friend, with chocolate sprinkles to garnish, as well as a complimentary glass of water.

Ribizli Café is a unique place to meet. It is clean and the cutlery shiny. For a mid-morning hit of caffeine from tasty ground coffee beans or, for a refreshing tea, choose from a huge range of flavours. Sit inside or out in the courtyard. Add a slice of cake, baked locally, or indulge in full brunch or lunch! For a small group, reserve the upstairs room for a couple of hours.

You can take your cake or coffee out, or buy a fresh Artisan Sourdough and vegan pastries, delivered every Friday and Saturday. In hot weather ice creams are sold through the serving hatch onto the pavement and from time to time you will be offered a taste of a new dish to try from the kitchen.

All in all, a lovely place to visit with thoughtful touches to make it special.

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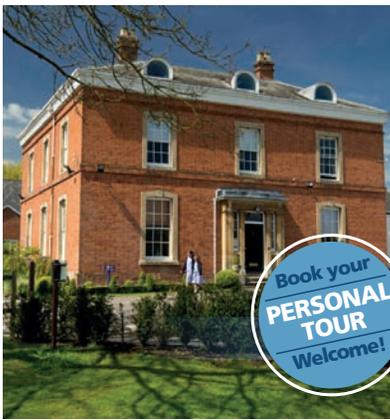
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